

EXTRA PREPARATIONS  
COULD INCLUDE A MINI KIT  
UNDER YOUR BED, OR IN  
YOUR CAR. BE SURE TO  
INCLUDE A FLASHLIGHT,  
SHOES, AND GLOVES.

IF IN YOUR CAR IT SHOULD  
BE LITE ENOUGH FOR YOU  
TO HIKE TO THE NEAREST  
SHELTER OR HOME.



# RESOURCES

[WWW.SAFEHOME.ORG](http://WWW.SAFEHOME.ORG)

[WWW.READY.GOV](http://WWW.READY.GOV)

[WWW.USA.GOV](http://WWW.USA.GOV)

[WWW.REDCROSS.ORG](http://WWW.REDCROSS.ORG)

[WWW.KINGCOUNTY.GOV](http://WWW.KINGCOUNTY.GOV)



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# DISASTER

PREPAREDNESS

SOUTH KING FIRE AND RESCUE



# PREPARE AND PROTECT YOUR LOVED ONES

## HAVE TWO STORAGE BINS

Use storage bins for an at home emergency kit. Use one bin to fill with food supplies. Use the other bin to store everything that is not food related. These bins are designed to be in your home to help you survive while you wait for help. If you are able to leave your home to make it to an emergency shelter then place as much as you can in an empty back pack. Ideally you should have one back pack for each family member. Your kit should hold enough food and water for three days.

Make sure everyone in your family knows where the kits are. Have a planning event once a year to rotate food items and refresh your emergency action plan.

## NON-FOOD BIN

CAN OPENER  
FLASHLIGHT  
GARBAGE BAGS  
BABY WIPES  
WORK GLOVES  
BATTERIES  
FIRST AID KIT  
MULTI-PURPOSE TOOL  
EMERGENCY BLANKET  
TOWELS  
EXTRA SET OF KEYS  
PET SUPPLIES

MATCHES  
DUCT TAPE  
DUST MASKS  
BOARD GAMES/CARDS  
BOOKS  
CONTACT INFO  
EXTRA CASH/COINS  
PERSONAL DOCUMENTS  
CELL PHONE CHARGER  
EMPTY BACKPACKS  
SETS OF CLEAN CLOTHES  
WHISTLE

## WATER

1 GALLON PER PERSON PER DAY

## FOOD

2,000 - 2,500 CALORIES  
PER PERSON PER DAY

## NON-PERISHABLE ITEMS

CANNED MEATS, FRUITS, &  
VEGETABLES  
PROTEIN OR FRUIT BARS  
DRY CEREAL OR GRONAL  
PEANUT BUTTER  
JAM OR JELLY  
JUICE BOXES  
DRIED FRUITS  
MIXED NUTS  
CRACKERS

## ROTATE ITEMS EVERY YEAR

